

Walk in the Park: Schedule of group walks

*Please note: Registration is required to participate in walks. Please contact the appropriate Walk Leader for details & to register.

Walking Group Name	Homebase Park	Meeting locations	Meeting Time	Walking Group Phone Number	Walking Group Email	Walk Dates
Chinese Seniors' Walking Group	Riverdale Park	Riverdale Farm 201 Winchester street-main entrance	9:30 to 10:30 am	416-924-2543 ext. 239	amy@nipost.org	Every Wednesday from August 7 to September 25
Waterfront Optimistic Walkers (WOW)	Music Garden Location of the walks will vary.	Waterfront Neighbourhood Centre 627 Queens Quay W	1:00 to 3:00 pm	416.392.1509	elizabeth@waterfrontnc.ca	<ul style="list-style-type: none"> • May 3-5 (date TBC) • May 15 or 22 (date TBC) • June 12, • July 17, • August 9, • September 25, • October 9.
Friends of Guild Park	Guild Park and Gardens	At the Sculptor's Cabin near Guild Park and Garden's flagpole. Friends will have its banner displayed.	9:30 to 10:30 am		friends@guildpark.ca	Every Monday starting June 17 to August 26 There will be no walks on the holiday on Mondays in July and August.

Seniors on the go	Chalkfarm Park	Black Creek Community Health Center at 2202 Jane St. Ask for the Latin American seniors' group. Room 15.	12:00 to 1:00 pm	416-748-0788 ext. 217	Imalik@northw.ca	The following Mondays: <ul style="list-style-type: none"> • May 13 & 27, • June 10 & 24, • July 8 & 22, • August 12 & 26
FOMAC Seniors' Walk	Marie Curtis Park	At the crossroads by the pedestrian bridge and east parking lot.	10:00 to 11:00 am		marie.curtis.park@gmail.com	The following Fridays: <ul style="list-style-type: none"> • May 3 & 10, • June 7 & 14, • September 6, 13 & 27, • October 4
Stan Wadlow Park Walkers	Stan Wadlow Park	Stan Wadlow Clubhouse	9:45 am to 12:00 pm	416-396-2843	Nicole.Hay@Toronto.ca	Every Wednesdays from April 24 to July 31, 2019.
Islamic Social Services & Resources Association Walking Club	Marie Baldwin Park Community Garden	Starting point ISSRA's office 2375 St. Clair Avenue West.	10:30 am to 12:00 pm	416-767-1531	issra@issra.ca	The following Tuesdays: <ul style="list-style-type: none"> • July 9, 16 & 23, • August 13 & 20, • September 10, 17 & 24 • October 8
Oriole Park Community Garden Walking Club	Oriole Park	Oriole Park 201 Oriole Parkway in the garden by the large picnic bench.	10:00 to 11:00 am		orioloparkcommunitygarden@gmail.com	Every Fridays from June 21 to September 6, 2019.
Walk for Health	Derrydowns Park	In front of Yorkwoods Library at 1785 Finch Ave W	10:00 to 11:00 am	647-939-5887		April 26, 2019 (TBD for May & June 2019)

Rustin Oree Walkers	Esther Lorrie Park	Esther Lorrie Park 50 West Humber Blvd, Etobicoke	8:00 to 10:00 am	416-743-1331	rasras@rogers.com	The following Wednesdays and Sundays: <ul style="list-style-type: none"> • May 22, 26 & 29, • June 9, 12, 19, 23 & 26
Prairie Drive Park Walking Groups	Prairie Drive Garden	Prairie Drive Garden (entrance by Pharmacy and Teesdale)	10:00 am to 12:00 pm	416-538-6765		<ul style="list-style-type: none"> • May 2, 2019 • July 8, 2019 • August 5
Dentonia Park Walking Group	Dentonia Park	Dentonia Park Club House, 80 Thyra Avenue	10:00 am to 12:00 pm	416-400-5808		<ul style="list-style-type: none"> • June 15 & 25 • September 10 • October 5

The Walk in the Park program is generously supported by:

