



Become a Walk Leader

Park People is collaborating with the City of Toronto, Parks, Forestry and Recreation – Earl Bales Community Center to help get people active and healthy, foster community connections and increase exposure to nature. Our new “A Walk in the Park” program is seeking volunteers who will receive training and support to become walk leaders who organize walking clubs that connect older adults, seniors, and newcomers to easily accessible walking activities in local parks.

If you love to walk, connect with neighbours, discover local parks, and are ready for taking on a leadership role, this is the opportunity for you!

Get Involved

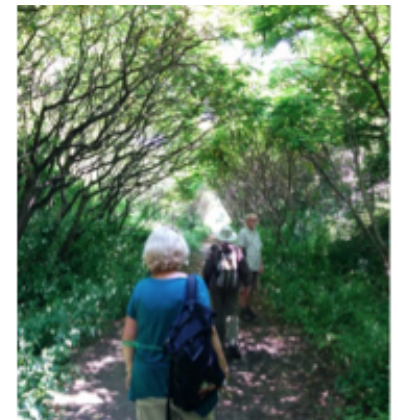
Walk leaders will lead a walking club in their community. Each walk leader will be responsible for organizing, advertising, and leading 4 to 6 walks. In addition, walk leaders will participate in 4 to 6 other walks to learn and exchange knowledge with other Walk leaders. The walking clubs take place from May to July and/or August to October 2018. Walk leaders should live in Rexdale (Etobicoke), Bathurst/Finch (North York) or Taylor Massey (East York/Scarborough). *However, even if you don't live in any of these communities, you can still be involved as a walk leader. Please contact Brianna at baspinall@parkpeople.ca.*

Walk Leader Qualities

- Friendly and comfortable engaging a group of people
- Ability to walk outdoors for up to two hours
- A passion to learn and get to know your community

It is an asset if you:

- Have experience in a leadership role
- Are involved in your community
- Have current CPR-C and First Aid certification
- Have multilingual skills



How Park People will support you:

There will be an orientation session late in November and training in early March. Both sessions are mandatory. During the orientation and training, walk leaders will meet each other and learn how to create a walking club, get tips on risk management and outreach, and learn how to plan a walking route. Each Walk Leader will receive an honorarium. If you require translation or TTC tokens to participate please let us know.

Get to know your local parks and share them with others, while improving your health!

Interested?

[Sign up here](#) or email/call Brianna at baspinall@parkpeople.ca or 416-583-5776 and we will let you know when applications open. We recommend you apply with a partner, either a friend or neighbour. Please note, successful candidates are required to have a Police Records Check, we will support you in this process.

